

Supporting Staff  
and Student  
Wellbeing,  
Resilience and  
Self-Determination.

Building Whole  
School Cultures of  
Belonging,  
Engagement and  
Equity.



# Coaching & Consulting

# WELCOME TO POSITIVE SCHOOLS COACHING AND CONSULTING

Welcome to Positive Schools Coaching and Consultancy

Positive Schools Coaching and Consultancy supports your school staff and student wellbeing, resilience and learning engagement with a focus on building belonging, engagement and resilience in an equitable and inclusive way.

Choose from whole-staff talks and workshops, leadership consultations, deep-dive three-day packages and long-term ongoing support.

We have the necessary skills, education, expertise, and philosophical understandings of human behaviour, to bring out the best in your school. Our work is supported by sound academic research and over 30 years of experience working to support improved wellbeing, resilience and motivation in young people and in school staff.

Co-founder of the Positive Schools Initiative, Dr Helen Street has led the Positive Schools Coaching and Consultancy for the past ten years. During this time, Helen has become known as an international expert on school-based wellbeing. Her fourth book 'Contextual Wellbeing: Creating Positive Schools from the Inside Out' has become an educational best seller and continues to inform the support of wellbeing in schools worldwide. Helen is based in Western Australia

Contact Helen and the Positive Schools team today to find out how we can energize, inspire and support your school on their journey to becoming a Positive School from the inside out.



**Dr Helen Street**  
Co-Founder, Positive Schools

*"Over the years working alongside Dr Helen Street, I have come to regard her as a vanguard of students wellbeing. Helen has used the collective respect from teachers and administrators alike to win widespread support for our students. Helen's abilities to bring colleagues together through her commitment to students' wellbeing and active encouragement and support of teachers' professional development are much admired across our organization."*

**Jacques-Olivier Perche, Head of Professional Learning, English Schools Foundation**

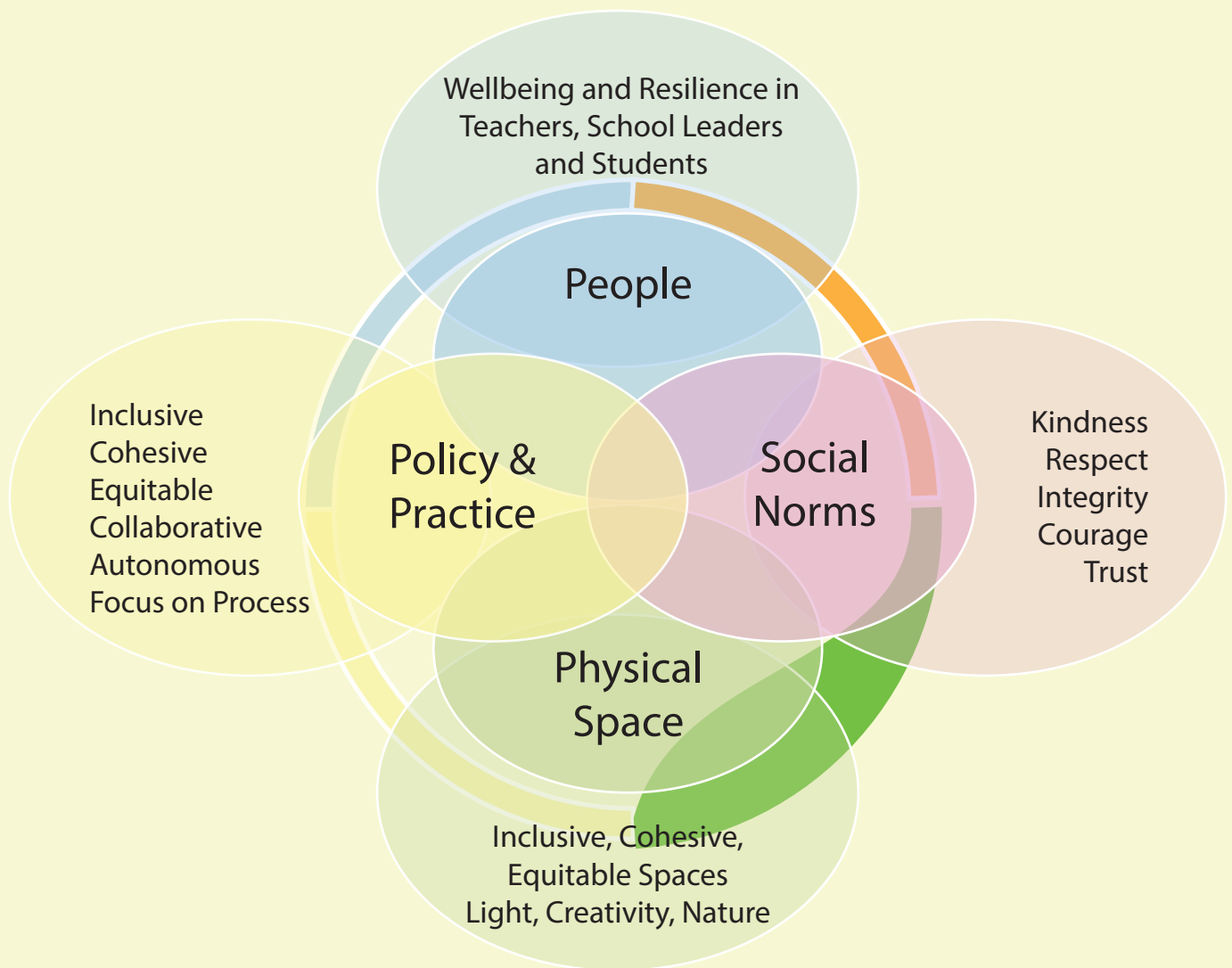
# Positive Schools

Since Positive Schools was founded in 2008, we have welcomed more than 26,000 educators to Positive Schools consultations, talks, workshops, conferences and webinars; from more than 6000 schools and colleges. We have welcomed educators from around Australia and from more than 16 other countries including the UK, New Zealand, Singapore, Hong Kong, Malaysia, Dubai, Germany, Canada, and the US.

## Supporting Wellbeing in Action

Positive Schools Coaching and Consultancy uses the CONTEXTUAL WELLBEING framework (Street, 2018) to help you bring out the best in your school in an equitable, inclusive, and cohesive way.

*“Contextual Wellbeing (noun): A state of wellbeing and positive engagement [in learning] that arises from membership of an equitable, inclusive and cohesive [school] environment.”*



*“At last, someone is reaching into what really matters. The careful and critical thinking behind ‘Contextual Wellbeing’ is overwhelmingly encouraging for anyone working in education, anyone engaged in learning and anyone sending their offspring to School!”*

**John Hendry, OAM, Educator, Author and Researcher supporting Wellbeing in Schools**

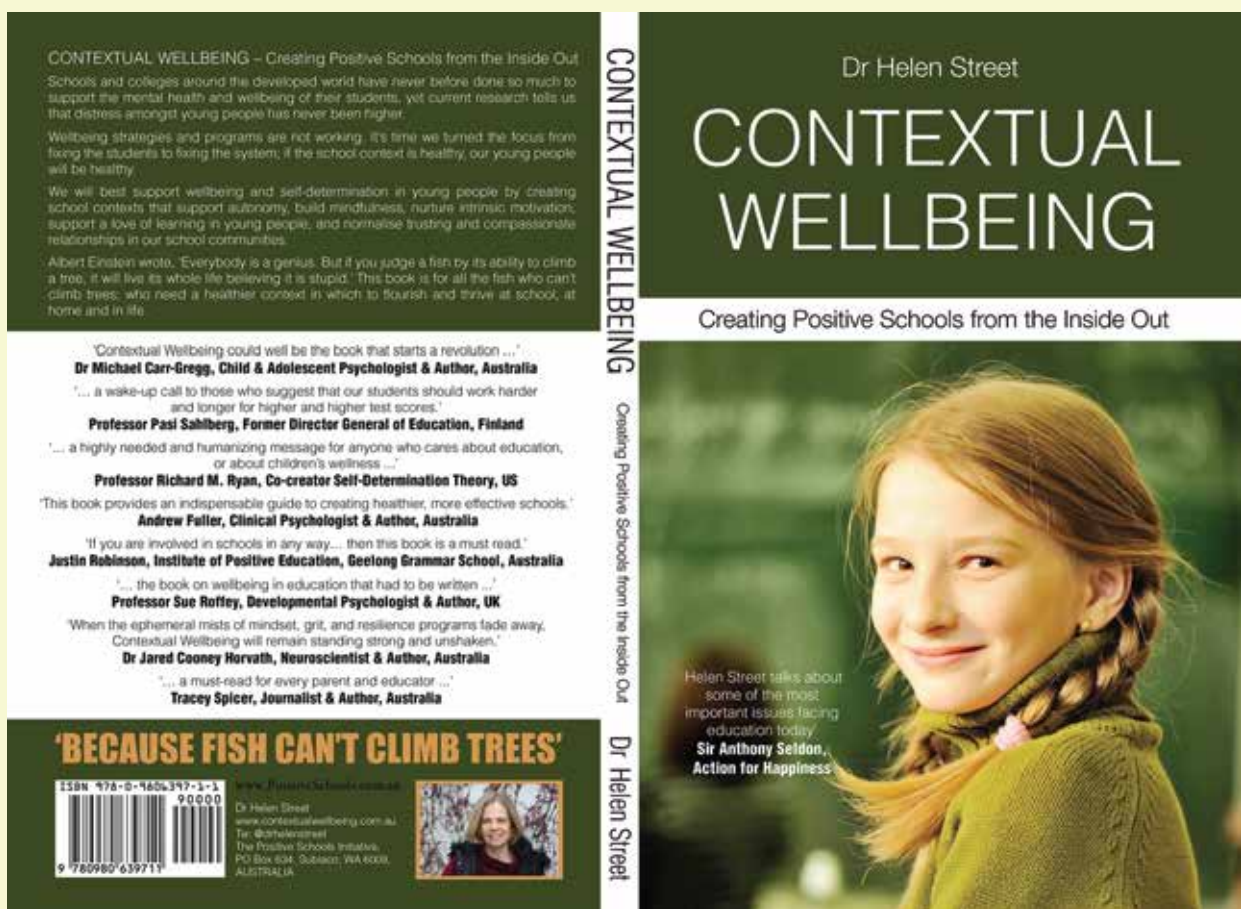


*"It is a pleasure to attest to the work done in partnership with Dr Helen Street for our Dulwich Schools. Helen's approach is rigorous, thoughtful, perceptive, and heartfelt. The engagement requires school communities to examine their values and practices to take steps to create learner-centred environments which also empower and value teachers. Wellbeing can be a tricky area for schools to navigate and Helen's counsel is clear and contextual."*

**Sian May and Dr Kevin House, Dulwich College International Education Group**

**Contextual Wellbeing** grows with the intentional development of EQUITY and SELF-DETERMINATION across the whole school community; with a clear focus on supporting AGENCY, COHESION, and a sense of PROGRESS (based on Deci and Ryan's Self-Determination Theory).

Self-Determination Theory (SDT) has repeatedly shown that autonomous motivation, wellbeing, and self-determination are all inextricably linked. We believe that a person acting with autonomous motivation is a person demonstrating wellbeing in action.



*"Helen Street explores how can we create a social context that better supports children's learning and wellbeing in school. Contextual Wellbeing is a wake-up call to those who suggest that our students should work harder and longer for higher and higher test scores."*

**Prof. Pasi Sahlberg, Former Finnish Director General of Education;  
Professor of Education Policy,  
Gonski Institute for Education, UNSW Sydney**

# Embracing Your School as a Positive Schools from the Inside Out

Dr Helen Street and the Positive Schools team will work with your school leaders, teachers, non-academic staff and parents to guide and support your process.

Depending on your needs, we can offer you the following options, online and in-person, to help you support your staff, create Contextual Wellbeing across your whole school, and a build thriving, equitable school community for all:

1. Talks, half-day and full-day workshop on staff wellbeing, staff stress management and/or understanding resilience
2. Evening parent sessions supporting parents understanding of school success and wellbeing and helping them ensure their children are 'better than OK' at school and beyond.
3. Talks, half day and full day workshops on Contextual Wellbeing with a focus on understanding wellbeing from a social systems perspective and building one or more of the following:
  - a) values and norms,
  - b) cohesion and relationships
  - c) autonomy, agency and psychological safety
  - d) competency and equity
  - e) motivation
4. Tailored talks and workshops on any of our 60 presentation and workshop topics listed under the section 'Meeting the Needs of Every Member of your School Community' on our website.
5. Ongoing hourly consultancy to support your school journey as a critical friend, advisor and wellbeing support.
6. Packages from three-day deep dives into Contextual Wellbeing, to twelve-month Contextual Wellbeing transformations.



*"Dr Helen Street supported us significantly in our goal of investigating and developing wellbeing and she created a custom-made school reform plan based on her specific findings from our community. Helen is an engaging speaker about well-being in schools who is challenging, entertaining and thought provoking. She discusses research findings with authority and passion and stresses the importance of context to well-being in a learning community."*

**Colin Campbell, Senior School Deputy Principal,  
International School of Düsseldorf, Germany**



# Positive SCHOOLS

[www.PositiveSchools.com](http://www.PositiveSchools.com)

## CONTACT US

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